

Sermon Series Discipling Guide

Series: After God's Own Heart • A Patient Heart • May 11 & 12, 2019 • Speaker: Wade Paton

Summary

We continued the series this weekend called 'After God's Own Heart'. Our theme coming out of the text was all about cultivating confidence in the Lord and about patient hearts during seasons of difficulty and temptation .

Read Together

1 Samuel 24.

Pause

Take some time to consider what has been read.

Discussion

- o What is the context of 1 Samuel 24? What has happened in the story of David and Saul that has led up to this? Why is Saul pursuing David?
- o David runs from Saul and is hiding in caves. We talked on the weekend about how the cave for us represents our deepest insecurities, disappointments and where confidence can easily be lost. What does your cave look like? Have you ever been in an emotional/spiritual cave? Are you in one now? How would you describe it?
- o We looked at three ways we can develop confident hearts in God when we find ourselves in the cave. Take time to reflect on each one, how David lived these things out, and how you sense the Holy Spirit inviting you to respond:
 - **Complain Up** (*Read Psalm 142. What does 'complaining up' look like for you?*)
 - **Resist Temptation** (*Read 1 Samuel 24:1-7. What temptation was David facing? What temptations do you feel most prone to give into when you're in the cave? What temptation are you struggling against these days?*)
 - **Find Refuge in God** (*Read Psalm 57:1. What does it mean to take refuge in God? What does that look like in your life?*)
- o How does this story point us to Jesus? What does his death, burial and resurrection say to us about our own cave experiences?