

## Opening Question

Have you ever believed a lie and acted upon it? How did that feel?

## Read Together

Read through Colossians 2:6-10 as a group. Then, take some time of quiet to allow everyone to read the passage again for themselves. Circle any words, phrases, or themes that stand out to you.

## Big Idea

**Don't let anyone capture you! (Colossians 2:8)**

## Discussion Questions

1. What stands out most to you in the verses we just read?
2. SPOT THE LIE! What are some examples of empty philosophies and high-sounding nonsense in our society today? How would these take control of our lives?
3. What is the source of those philosophies and nonsensical thoughts? (verse 8)
4. According to verses 6 & 7, how can we remain free and strong in Christ?
  - a. Just as you accepted Christ continue to follow him. Faith. What does that look like?
  - b. Let your roots grow down into him. Food. How do we do that?
  - c. Let your lives be built on him. Foundation. How does this happen?
5. In verses 6 & 7 we see that we are to be intimately united with Jesus. According to verses 9 & 10, what is it about Jesus that makes our union with him so powerful?
  - a. He is fully God. What impact does that have on our lives?
  - b. He is head over every rule and authority. What impact does that have on our lives?

## Challenge

The challenge this week is to live in union with Christ by daily accepting Christ as Lord, by letting your roots grow down in him, and by letting your life be built on him. What are some simple, practical ways to see this happen?

## Prayer

Ask Jesus to lead you into a strong faith that will cause you to overflow with thanksgiving. (verse 7)

