

Remember: God speaks to us through a word, a picture, a verse, or a thought.

Spend a few minutes individually answering any/all of the following questions:

1. Ask yourself if you believe God wants to speak to you. Do you!? Confess unbelief, if necessary.

2. In prayer, ask "Lord, I am open to Your voice, what do You have to say?"

3. Ask God to show you any barriers that are preventing you from hearing.

STOP!! Don't go beyond this point until receiving further instruction.

Listening Prayer Exercise

Ultimately, we need the Holy Spirit to point out the barriers in our life, whatever they may be. This can be a profoundly personal and difficult thing to do. He may point to memories of your past, or illuminate current issues or sin that you didn't even think about. Regardless, we must allow the Spirit to speak. In prayer, ask:

- » Lord, convict me of my unconfessed sin. What have I withheld from bringing to you?
- » Lord, show me the barriers in my life that come from pain that others' sin has caused me. Do I need to forgive someone?
- » Lord, where do I have barriers in my life that come from tragedy? What are they?
